

Sacred Journey to Mystical Bali

April 30 to May 11 2010

with Reverend Karen S. Wylie



Daily Itinerary

Day 1 ~ Departure

Friday April 30th 2010 (early Friday AM flight)

PLEASE ARRIVE AT LAX BRADLEY BUILDING China Airlines Counter no later than 10:15 PM!

(Thursday night April 29th - look for the yellow TMT flag) Depart LAX 12:55 AM via Taipei on China Airlines Saturday

Day 2 ~ Arrival

May 1st Arrive Bali 2:50 PM transfer to Beach Front resort for check-in and overnight stay. Enjoy the pools for a moonlight swim or have a meal at a colorful boardwalk restaurant. A good night's sleep is recommended.

Day 3 ~ Beach Resort

Sunday May 2nd

Leisurely morning breakfast. Go for a walk on Bali's famous Legion Beach, change money, get a massage, shop for sarongs. Get grounded and refreshed. We will have an orientation lunch with the whole group before 1:30 coach transfer to Jungle Villas in Ubud area and afternoon walk through the exotic Monkey Forrest.



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Day 4 ~ High Priest Blessing Ceremony ~ Special Dinner & Kecak Dance

Monday May 3rd

Early morning mediation and blessing ritual with a local High Priest who will explain the mystical elements of ceremony and use of ritual objects.

Spend the afternoon free to go for a massage and/or explore the huge and colorful Ubud Bazaar for handicraft treasures. 7:15 Evening Celebration Feast and special men's Kecak trance dance performance by torch light at Leke Lake Restaurant, a short walk from the Villas.

DAY 5 ~ Silent Rice Field Walk ~ Visit to Healer Tuesday May 4th

10:00 AM This morning we will go for a silent walking meditation though the picturesque rice fields to a remote organic restaurant for a superb lunch.

2:00 PM This afternoon you can visit an authentic Balinese shaman <u>Tjokorda Rai</u> for a profound experience in the magical healing arts. His work has had astounding results with visitors from around the world.

Day 6 \sim Gunung Kowi Healing Sound Caves \sim Legong Performance

Wednesday May 5th

Early AM excursion to Gunung Kawi ~ 11th century temple carved into the mountain side with ancient meditation and healing sound caves where it is said you can experience the heart beat of the earth. The massive rock faces of the river gorge are a wondrous feat of stone carving and the entire valley is dotted with enormous tombs, stupas. Here the meditation caves of Bali's first Buddhist monks can be seen.

PM visit to the Royal Palace for special performance of gamelan orchestra and the sacred Legong Dance.

Day 7 ~ Tenganan ~ Hidden Paradise

Thursday May 6th (Carry on overnight bag ONLY!) 9:00 AM departure for East Bali and Tenganan / Amed with overnight at Hidden Paradise.

We will stop at Tenganan Bali's oldest village to meet with a master musician in his home. We will have the opportunity to hear and play ancient instruments and see elaborate hand loom weaving techniques done nowhere else in the world.

After a seaside lunch we will continue our journey to Amed through the spectacular rice field vistas with the sacred Agung Volcano as a looming backdrop. The evening is complete with evening prayers, ocean front feast and moonlight massage.

Day 8th ~ Snorkel Excursion

Friday May 7th Amed Hidden Paradise

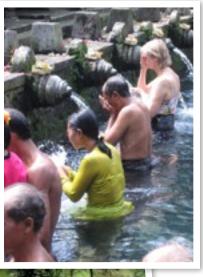
Rise early for dawn meditation and the spectacular sunrise over Lombock as seen from the beach.

9:00 am Outrigger's depart for snorkeling adventuge to a small wreck teeming with colorful fish and coral.

Lunch and leisurely swim, beach combing until departure.

4:00 pm The coach returns to the Villas in the Ubud area.

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Day 9 ~ Springs of Immortality Ritual At Tirta Empul ~ Artist Village Walk

Saturday May 8th

This AM we will visit at Tirta Empul sacred bathing pools where you may dip in what the Balinese consider the waters of immortality for a purification ritual.

An inscription date found at the temple site goes back to 926 AD. For more than a thousand years the Balinese have come to bathe in the sacred waters for healing and spiritual rejuvenation.

Back in Ubud for lunch at Murnie's warong, set on the side of the jungle with splendid views and excellent food and surround by some of Ubud's finest art galleries. Afterward there will be a walk through the artist village and jungle to the picturesque Agung River for a refreshing dip and an unforgettable view of the famous Rice Terraces of Sayan.

Day 10 \sim Dance Workshop with Sang Ayu and PM Temple Ceremony

Sunday May 9th

Balinese Dance workshop with Sang Ayu This morning we will meet one of Bali's most renowned dance teachers, still teaching at 90 years of age. We will learn the secrets of her longevity as she shows us the fundamentals of the graceful hand movements and postures. Her number one Western student for the last 25 years, Barbara Mintz, will be assisting her. She,to is a master teacher of dance in Ubud today. Visit her web site at www.rightangle.com/bhava. Tonight is the Odalan Temple Ceremony at Sukawati there will be a large and colorful procession from the village to the temple. There the High Priest will bless you with special holy water as the shaman chant verses of the Mahabrata. Temple gear required.

Day 11 ~ Prayer Circle and Feast

Monday May 10th

Today there will be plenty of free time to shop for last minute gifts at the Ubud Bazar and art market or relax with a massage treatment. Tonight we will have our last night feast and prayer circle with Rev. Karen and all our new Balinese friends. A joyous climax to a transformational journey.

Day 12 ~ Departure Day Tuesday May 11th ~ Depart Bali 3:30 PM~Arrive LAX 8:05 pm

registration and more information

*Due to the nature of the tour please be aware that this itinerary is subject to change without notice at the discretion of the tour leader as unforeseen events and circumstances dictate.

*please visit www.TribalMusicTours.com for



TRIP DETAILS

\$3,250.00 per person based on double occupancy

* \$3,150.00 special paid in full price till February 15, 2010

Price Includes

- RT airfare from LAX on cathay Pacific Airways, all transfers and group transportation.
- 11 nights deluxe jungle villa, all breakfasts, three dinners. Based on double occ. Deluxe single upgrade air cond, private bath, etc. available.
- All workshops and sacred site entrance.
- All excursions, and group functions inc. outrigger snorkeling trip.
- Drums and indigenous instruments to play during your stay
- Three dinners, inc. Balinese feast and sacred "Kecak" men's trance dance
- Group is limited to 20 participants only. A \$600 deposit is required in order to hold your place by February 15, 2010.
- Payable by credit card on PayPal. A check for the balance is due within 30 days of departure.

Extras

- Single supplement or Deluxe air cond. upgrade \$450
- Indonesian visa approx. \$25 upon arrival and \$15 departure tax.
- Spa treatments and massage approx. \$7 to \$20 per session depending on the treatment.
- Tips and gratuities for drivers and guides.
- Dinners, lunches and drinks not mentioned in itinerary. There is are delicious international restaurants in Ubud for all tastes and pockets as well as snacks available at the villas. \$20 to \$35 per day budget is plenty.
- A valid passport is needed to go to Bali, and your passport must be valid for 6 months AFTER YOU RETURN HOME or at least until 12/12/2010
- A travelers packet will be sent to you when you have registered that will have all the detailed information you'll need.
- Trip and medical insurance for your tour is your responsibility and advised.
- Possible Airline fuel taxes incurred before ticketing.
- Participation in the group program is not required but highly recommended.